Dear Friend,

I wanted to share with you something that happened several months ago. It was something that once again reminded me how important estate planning can be.

In August a sudden death occurred to someone close to Ananda, a person who had also been a resident for a number of years. There was no warning before this death, and because of this, what happened afterwards was very difficult, both emotionally and materially.

In this particular circumstance, a peaceful, but sudden death occurred from one moment to the next. In an instant a loved one was gone, as well as someone who was the major wage earner for a family. Hearing about this, made me want to remind you how important doing your estate planning now can be. It can certainly help in softening the blow of such an unforeseen circumstance. Here are some thoughts to keep in mind:

**Make your Will today!** (And if you are a couple, make sure you each make one.)
Stating your wishes in writing for your family, your children, and for the causes you support can relieve some of the confusion and concerns that happen when a death occurs suddenly.

**Talk about these things** with your family and others close to you, so they know why you have done your planning in a particular way (who benefits and why).

**Make sure passwords and other important papers** are safely available to those who will need to know them when you are no longer here.

**Take a look at the Will Kit on the Ananda Janaka Foundation website.** We have developed it to help you in taking these important steps. [www.anandajanakafoundation.org/will-kit](http://www.anandajanakafoundation.org/will-kit)

Each of these simple steps can help to smooth the way when things happen unexpectedly. I encourage you to do this basic planning now. Not next month or next year, but now. This can mean so much to your family, friends, and the causes you support when you are no longer here to make these plans yourself. Feel free to email me, or give me a call for any questions you may have. I would be happy to talk with you.

In friendship,

Parvati Hansen
Executive Director
Ananda Janaka Foundation

Include the Ananda Janaka Foundation in your will, trust, or as an IRA beneficiary and support Ananda in moving into the future.